

May 20, 2024
Solitude Week 4
In-Home Small Groups

Ice Breaker/Touch Base: *(15 minutes)*

1. What food do you love that a lot of people would find a little odd?
2. Any updates on previously shared prayer requests, or checking in on bigger life stuff?

Testimony: *(10 minutes)*

1. The next person (or people - does your group need to have multiple people go in order to finish up?) shares their testimony. As always, encourage and ask follow up questions! You may also take a time of prayer over the person, especially if what they shared was vulnerable.
2. Leaders - take a moment to encourage everyone and thank everyone for sharing their testimonies this year. It's a powerful thing to hear everyone's stories - thank you for sharing!

Solitude Week 4:

1. First, review Solitude Week 3 reflection questions on page 32, and check in on how the solitude practice is going for everybody.
2. Listen and watch the [Solitude Week 4 teaching video](#).
3. Work your way through the packet as a group, beginning on page 34.
4. For homework, continue the solitude practice by doing the Practice often (hopefully daily!) on pages 36-37.

Summer Hopes: *(10 minutes)*

1. YAM Summer Hangouts! The first one is set for June 10. Watch text threads/announcements/social media for the next dates (possibly July 8 + August 5)
2. First of all, confirm what you all want to do together to celebrate the end of our first year together. Plan an evening out together? Campfire? Beach day? Put it in the calendar and make a plan.
3. Does your group have the intention of keeping in touch regularly through the summer? What are the best ways to do that for everyone? Have a conversation about everyone's hopes for rest and connection and come up with a plan that works for everybody.
 - a. For example - your group may find that having a rhythm of campfires every other week, a few dinners out, or sitting together at church on Sundays could be a good way to hold each other accountable to these practices and continued friendship growth.

Prayer to Close:

1. Have someone pray to close - a prayer of gratitude for the practices of prayer, sabbath, fasting and solitude, and what we've learned about God and ourselves in the process. Feel free to make this popcorn prayer style with multiple voices if you have time.